

## 教宗主持聖灰禮儀 指不祈禱就沒希望

(綜合梵蒂岡電台·辛力社訊)教宗本篤二月六日主持聖灰瞻禮時指出,四旬期是靈性上退省的時期,讓信徒藉著與天主的友誼而獲得真正的喜樂。

教宗二月六日在梵蒂岡舉行接見信眾活動時,談及四旬期、聖灰和布施的真義。「遵從放聖灰此古舊傳統,教會的四旬期是讓信眾有四十天的靈性退省。」教宗說:「四旬期是一個皈依和更新的時期。」

同日下午,教宗離開梵蒂岡城,前往羅馬阿文蒂諾山丘的聖女薩比娜聖殿,主持傳統的聖灰禮儀和彌撒聖祭。普世教會從這一天也開始進入為期四十天的封齋期。教宗在彌撒講道中指出四旬期的生活要點是祈禱、守齋和施捨,這些要點正是學習和鍛鍊基督信徒的希望途徑。

教宗引用他《得救在於希望》通諭的話說:「沒有甚麼比懷著信德祈禱,更能表現天主存在我們生活中的事實。即使在最艱巨考驗的孤獨中,沒有任何事物、也沒有任何人能夠阻止我在只有天主看到內心隱密深處向天父說話。」

教宗說:「人類因著天主表面的不存在而受苦哀號,耶穌把這個哀號當作他自己的哀號,並帶到天主心

中。就這樣,在他最後的孤獨中與整個人類一起祈禱,給我們敞開了天主的心。」

教宗指出,祈禱的人把自己的期待和希望寄托在天主聖言的光照中,祈禱絕不是以自我為中心,而是向他人敞開自己的保證。教宗強調:「沒有祈禱,人必將陷於自我關閉。」

教宗說:「真正的祈禱是世界的動力,因為祈禱使世界向天主保持著開放。可見沒有祈禱,就沒有希望,只有幻想而已。事實上,不是天主的臨在、而是天主的不在使人異化。沒有真正的天主,希望只能變成幻想,叫人逃避現實。反過來說,與天主交談,生活在他的臨在中,讓他的話來光照和潔淨,我們必將進入事實的中心,進入宇宙的心臟。」

教會二月六日慶祝聖灰瞻禮,代表著四旬封齋期的開始。聖灰禮儀象徵人原是天主用灰土造成的,將來有朝一日還要歸於灰土。除了這個象徵性的意義外,聖灰瞻禮更提醒基督信徒必須在這段時期更努力地度懺悔皈依的生活,準備心靈迎接基督復活的來到。

### 彌撒時間表 Mass Timetable

**星期六 Saturday:** 4:30 p.m. (粵語 Chinese)  
**主日 Sunday:** 9:30 a.m. (英語 English)  
11:00 a.m. (粵語 Chinese)

如教友(患病者)需傳油聖事可電 952-1208

Fr. Stan或隨時與神父預約

#### 修和聖事

每堂彌撒(主日/平日)三十分鐘前

#### 耶穌聖心彌撒

每月第一個星期五下午六時半至七時半,在聖堂明供聖體

及聽告解,其後舉行聖心彌撒,請各教友踴躍參加。

#### 平日彌撒

星期一,二,三,五,下午七時半,星期四中午十二時在聖堂舉行平日彌撒。

#### Sacrament of Reconciliation

\*Half an hour before all Daily Masses or by an appointment

\*Sacrament of the sick: call 952-1209 day and night

#### Mass In Honor Of Sacred Heart of Jesus

First Friday of each month at 6:30 pm – 7:30 pm  
Adoration of the Blessed Sacrament with an opportunity for confession, Mass to follow.

#### Daily Mass

Fr. Stan celebrating Daily Mass on Monday, Tuesday, Wednesday & Friday at 7:30 pm;  
Thursday at 12 (Noon)



## 堂區通訊 Parish Newsletter

二零零八年三月二日 March 2, 2008

『主,我信!』

四旬期

### SUNDAY REFLECTIONS

“He went and washed, and came back able to see.”

In today's Gospel we encounter those who see and those who do not. Seeing does not always lead to belief. The neighbors see the miracle but are incredulous. The parents would like to believe, but fear blocks their vision. The Pharisees see but become more deeply immersed in their tunnel vision and in their religious beliefs. The man born blind is surrounded by unbelievers.

The blind man's own story sustains him despite the ridicule of the Pharisees. He comes to recognize Jesus as the true Light, and he believes.

Our times of darkness can be graced moments of God's presence. We see more clearly the patterns of sin and evil. As we reflect on our experiences our faith grows stronger and we come to know Jesus at a deeper level.

*When I have an opportunity to tell my story of faith, do I see it as an opportunity for spiritual growth and a deeper appreciation of God's power in my life?*

### 主日講道

在今天的福音裏,我們與那些看見的及那些看不見的相遇。看得見的,未必會相信。那看到神跡的,卻不肯相信。瞎子的父母由於害怕法利塞人不敢承認自己對耶穌的信仰。法利塞人固執成見,神目昏迷,成了睜眼的瞎子。生來瞎眼的,週遭的都是不信的人。

瞎子自身的經歷,使他不管法利塞人的嘲弄,而明認主耶穌是照世真光,而說:「主,我信」。

憑藉主的臨在,使我們能在黑暗中看清罪惡,反思我們的經歷,使我們的信仰更堅穩,更深刻的認識主耶穌。

當我有機會分享我的信仰時,有否藉機增強自己的靈修,對主在我生命的力量培感恩德呢?

## 四旬期苦路善功

堂區在四旬期內，逢星期五晚上七時半彌撒後，我們將會伴隨主耶穌一起走他的苦路。

請大家抽空參與彌撒，並藉參與苦路善功，追憶救主耶穌為拯救全人類的苦難聖死。

舉行苦路善功的日期、時間如下：

三月七日〈星期五〉 晚上七時半

三月十四日〈星期五〉 晚上七時半

三月二十一日〈星期五〉〈救主受難紀念日〉  
下午五時正

## 特敬聖若瑟

三月份是聖若瑟聖月，教友請在三月份內誦念以下經文，熱心敬禮聖若瑟這位中國、愛民頓、勞工及臨終者的主保聖人。

## 求聖若瑟垂佑禱文

大聖若瑟，我們在困難中奔赴你面前，特來求你護佑。求你在我們困難急需中用你的大能幫助我們。大聖若瑟，聖家的勤奮守護人，請你保佑耶穌基督所選的後裔。一如你從前在耶穌聖嬰性命有危險時救了他，現在也求你同樣地保護聖教會，使她脫免仇敵的惡計和其他的危險困難。請你也常常保護我們每一個人，使我們效法你的榜樣。靠著你的助佑，使我們在世聖善地生活，妥善地去世，得享天國永福。亞孟

## 天主教公教研討會

2008 年度天主教公教研討會將於 3 月 7 日、8 日兩天舉行，請溜覽網頁 [www.catholicconference2008.ca](http://www.catholicconference2008.ca) 或至電 484-6909 查詢詳情。

## 報稅收據

堂區現已開始派發二00七年捐獻報稅收據，各位教友可在彌撒後到大會議室領取。

## 二零零八年堂區週年退省

本年堂區週年退省定於三月十六日(聖枝主日)在本堂舉行。粵語組神師是來自香港的慈幼會士孔智剛神父，至於英文組退省與其他詳情，將會於稍後公佈。

期望大家預先保留三月十六日，到時踴躍報名，參與退省，更新我們的信仰生活，善渡四旬期。

## 四旬期第四週讀經、福音章節 4<sup>th</sup> Week of Lent Daily Reading

主日 S 撒 上 I Sm 16:1,6-7,10-13;

弗 Eph 5:8-14; 若 Jn 9:1-41

一 M 依 Is 65:17-21; 若 Jn 4:43-54

二 T 則 Ez 47:1-9; 若 Jn 5:1-16

三 W 依 Is 49:8-15; 若 Jn 5:17-30

四 T 出 Ex 32:7-14 若 Jn 5:31-47

五 F 智 Wis 2:1,12-22; 若 Jn 7:1-2,10,25-30

六 S 耶 Jer 11:18-20; 若 Jn 7:40-53

## 堂區財政簡報 Parish Financial Summary

二零零八年二月二十三日、二十四日

**February 23 & 24, 2008**

主日捐獻

Sunday Collection \$2,273.75

Thank you very much for your generous contribution.

詳情請參閱壁報板上的財政月報

Please refer to the Monthly Financial Report on the Bulletin Board for details.

## Stations Of The Cross The Way Of The Cross

Every Friday during the Lent following the 7:30 pm Mass we will follow Jesus on His Way of the Cross .

Please come for the evening Mass and take the opportunity to meditate on the suffering and death of Jesus for the salvation of all mankind taking part in the Stations of the Cross.

## 2008 Parish Annual Retreat

The retreat will be held on March 16, Palm Sunday at the church. The Spiritual Director for the Cantonese session is Fr. Francis Hung, SDB, from Hong Kong. Information regarding the English session and other details will be provided later.

Please mark this day, March 16, on your calendar. Join the retreat and renew your faith!

## The 2008 Catholic Conference

*Alive in Christ, Through Him, With Him and In Him* is approaching, Friday & Saturday, March 7-8, 2008. This is a quality conference with world renowned speakers, including Dr. Kathleen Chesto and the vibrant and engaging combination of Jesse Manibusan and Mike Patin. Register now! Visit the website at [www.catholicconference2008.ca](http://www.catholicconference2008.ca) for schedule, speakers, and sessions details and to register on line OR call (780) 484-6909 to request a registration package.

Come and See! Don't miss this outstanding opportunity!

## Prayers For Fr. Clement Gauthier

This is to inform you that Father Clement Gauthier has recently moved from Villa Vianney to Foyer La-combe in St. Albert.

Your continued prayers for Fr. Clem are very much appreciated.

## Donation Receipt for 2007

Donation Receipt for 2007 are now available, please pick them up in the conference room after Mass.

## Spiritual Statistics in 2007

Baptisms	14
Confirmation	6
First Communion	13
Rite of Christian	5
Marriages	7

## MASS TIMES & INTENTIONS

### FIRST SATURDAY, 01 March 2008:

**4:30 pm** - for Terri Smith get well - *Fr. Stan*

### FOURTH SUNDAY OF LENT, 02 March 2008:

**9:30 am** - for all parishioners - *Fr. Stan*

**11:00 am** - in thanksgiving - *Lui Yuen Sheung & Family*

**MON - NO MASS here - 7:00 pm (at Holy Rosary) - + Fr. Kazimierz Bukowski & + Stan Kowal OMI**

**TUE - 7:30 pm** - requesting a favour - *Lui Yuen Sheung & Family*

**WED - 7:30 pm** - for departed of Loui's Family - *Lui Yuen Sheung & Family*

**THU - 12:00(Noon)** - for Souls in Purgatory - *Lui Yuen Sheung & Family*

**FRI - 7:30 pm** - for departed of Lui's Family - *Lui Yuen Sheung & Family*

### SATURDAY, 08 March, 2008:

**4:30 pm (C)** - for all parishioners - *Fr. Stan*

### FIFTH SUNDAY OF LENT, 09 March 2008:

**9:30 am (E)** - in thanksgiving for mother Maria - *Tung Shu Wah*

**11:00 am (C)** - for departed of Chiu's Family - *Lui Yeun Sheung & Family*

*NB. Fr. Stan is accepting Mass intentions*

*If you wish the Mass to be said on a specific date - you have to ask Fr. Stan at least 2 weeks ahead.*

*Thanks.*

**Fr.Stan**